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IMMEDIATE RELEASE

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AUSB Hosts Juliet Rohde-Brown's *Imagine Forgiveness* Book Signing and Reception

(SANTA BARBARA, Calif.) – Antioch University Santa Barbara (AUSB) will host an author's reception and book signing on January 27 from 4-7pm in celebration of the release of Dr. Juliet Rohde-Brown's book, *Imagine Forgiveness: A Guide for Creating a Joyful Future* announced Dr. Nancy Leffert, president of AUSB. The event will be held at AUSB's campus at 801 Garden Street in downtown Santa Barbara.

In her inspiring new self-help guidebook published by iUniverse, Juliet Rohde-Brown outlines best practices and reflections that will assist readers in gaining a greater sense of confidence, inner peace, joy, self-awareness and compassion by taking charge of their ability to forgive (both others and their own selves). *Imagine Forgiveness* will empower readers to be the author of their own experience and to use their imagination for healing in the context of forgiveness. Combining the esoteric with the practical, the book offers stories and practices for those who are attracted to spirituality and ways of knowing that include imagery and metaphor.

Frederic Luskin, PhD, co-founder of the *Stanford Forgiveness Project* and author of *Forgive for Good*, *Stress Free for Good*, and *Forgive for Love* reports that "*Imagine Forgiveness* suggests that one of our greatest resources is our imagination, and it presents ways to utilize this resource in the context of forgiveness. With brief stories, guided moments of reflection, and suggested visualizations, Dr. Rohde-Brown invites the reader into a felt experience of what it means to forgive. While refraining from psychological jargon, Dr. Rohde-Brown offers a unique approach to facilitating an entry into forgiveness."

Dr. Juliet Rohde-Brown lives in Carpinteria with her husband, artist James Paul Brown; she is a licensed psychologist and a core faculty member of Antioch University Santa Barbara, and the director of practicum training in the doctoral program in Clinical Psychology. She also has a private psychotherapy practice in Carpinteria at the Seaside Therapy Center, with an integrative

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orientation that embraces a multicultural perspective. She is a founding member and current board member of Tierra Sagrada: Sacred Earth Foundation, an advisory board member for the Santa Barbara Restorative Justice Neighborhood Initiative and president of Imagery International. Dr. Rohde-Brown is active also in the Santa Barbara County Psychological Association, chairing the Student Outreach Committee. She also represents AUSB at the National Council for Schools of Professional Psychology (NCSPP). Dr. Rohde-Brown has received an award for her work on the topic of forgiveness for her CD, *Feel Forgiveness Now*, part of a series in collaboration with Shantha Sri and Energi Music.

Imagine Forgiveness: A Guide for Creating a Joyful Future can be purchased locally at Chaucer's and at www.barnes&noble.com, www.amazon.com, and www.iuniverse.com.

Antioch University serves more than 4,000 adult students around the world and across the country, online and at its five campuses in four states. Each campus offers degree programs that meet—and often anticipate—the pressing needs of its region and the wider world. The University is also home to the landmark PhD in Leadership and Change; Antioch Education Abroad, an exceptional opportunity of immersive service and study programs; and WYSO, a leading public radio affiliate and an essential source of global news and opinion.

The Santa Barbara campus is particularly distinguished with its unique undergraduate degree completion program in liberal studies and graduate master's and doctoral programs in clinical psychology and education that integrate students' academic experience and experiential learning. Additionally, students in all of AUSB's programs can specialize in relevant and applied specialized concentrations.

Antioch University is a nonprofit private 501(c)(3) organization and member of the North Central Association of Colleges and Schools, accredited by the Higher Learning Commission. For more information, visit www.antiochsb.edu Antioch University Santa Barbara is located at 801 Garden Street, Santa Barbara, California 93101, (805) 962-8179.

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